



COVID Policies for Nature Forward Nature Travel

*Since we are unable to know what the Covid public health situation will be in February 2024, we will continue with the policies (see below) which were in place for our 2023 trip to Costa Rica. Please initial where indicated and sign at the bottom of this form to acknowledge that you have read and understand these COVID Policies for our upcoming February 2024 trip to Costa Rica. Note: these policies are subject to change. **Must be completed and submitted with your registration form and trip fee deposit.***

BEFORE DEPARTURE

___ (initial) I attest that I have been fully vaccinated against COVID-19 with Moderna, Pfizer-BioNTech, AstraZeneca, or Johnson & Johnson vaccines and have provided a copy of my vaccination record with my registration. (Up-to-date boosters are highly recommended.)

___ (initial) I understand that Nature Forward requires all participants to receive a negative COVID-19 antigen (home) test within 24 hours of flight departure from the US. (Masking in airports and on airplanes is highly recommended.)

DURING THE TRIP

___ (initial) I agree to carry my vaccination record with me at all times during the trip and to provide it to hotels, restaurants, museums, or other venues that require proof of vaccination.

___ (initial) I agree that I will wear a properly fitting mask (KN95, KF94, or N95) when asked by the tour leaders and when it is required by any other authority.

___ (initial) I will carry two antigen (home) tests with me. I understand that I may be required to take an antigen test during the course of the trip if I or any other travelers display COVID symptoms or if any other program participant tests positive.

___ (initial) I understand that if I am diagnosed with COVID-19 at any time during the trip, I will no longer be able to participate in the tour. With initial help from trip leaders and the trip's in-country partner, I will need to arrange for and follow isolation, quarantine, and testing requirements as determined by both the Costa Rica government and the United States government for travel back to the US. Read here for Costa Rica's latest COVID regulations:

<https://cr.usembassy.gov/covid-19-information/> **For this reason, we strongly recommend that all participants purchase trip insurance with a COVID clause.**

Signature(s)

Date